

# LATTITUDE GLOBAL VOLUNTEERING

Lattitude offers young adults a unique opportunity to grow and learn while volunteering internationally. Our structured placements last from 3 - 12 months.



## WHAT THE EXPERTS SAY

**"(A gap year) is a time to step back and reflect, gain perspective on personal values and goals, and to gain needed life experience..."**

*William R. Fitzsimmons, Dean of Admissions, Harvard University*

**"For many students, a gap year is about crystallizing their decision-making; developing self-directed and self-regulation skills, broadening their competencies and self-organization..."**

*Professor Paul Martin, University of Sydney, Australia*

## PLACEMENT LOCATIONS

- AFRICA:** Ghana
- ASIA:** Japan, Vietnam
- EUROPE:** Spain, Ireland, Poland, UK
- LATIN AMERICA:** Argentina
- OCEANIA:** New Zealand, Fiji, Australia

## VOLUNTEER OPPORTUNITIES

- School Assistant, Teacher, English Teacher
- Care Assistant—Medical, Care Assistant—Community, Rural Health Worker
- Outdoor Education Instructor

## WHO IS ELIGIBLE?

- 18-25 year-olds (some countries accept 17 year olds).
- No academic requirements
- everyone gets an interview

## BENEFITS OF A LATTITUDE PLACEMENT INCLUDE INCREASE:

- Responsibility
- Maturity
- Confidence / independence
- Adaptability / flexibility
- Communication skills
- Decision-making / critical thinking skills
- Problem-solving skills
- Marketable skills
- Experience working in a different country
- Cross-cultural understanding and a new perspective on life

MORE THAN 45,000 YOUNG ADULTS  
HAVE TRAVELLED WITH US SINCE 1972.

**APPLY TODAY!**

[lattitudecanada.org](http://lattitudecanada.org)





**“Travel is more than seeing the sights: it is a change that goes on, deep and permanent.”**

*Mary Ritter Beard*

**“One of those life-changing experiences they would never have had if their parents had been there to take care of everything.”**

*Bob, British Columbia*

**WHAT PARENTS SAY**

**“Latitude has been, to date, the most significant educational experience in Bob’s life. It has expanded his understanding of the world and more importantly his understanding of who he is as a person.”**

*Barry, British Columbia*

**“When Amelia was 18, she spent five months in Ho Chi Minh City, serving as a teacher’s aide in a technical college. The experience was invaluable...Latitude gave her this opportunity and supported her with a fantastic cast of mentors...”**

*Cathy, Ontario*

**“China has been an incredible experience for Joshua. He has grown more in the last four months than over the past three years. He met like-minded, kind, engaging people who desire to step outside the traditional system to explore new cultures and create adventures. It has been such a joy watching him mature.”**

*Susan, Tennessee*

**“...our four sons took part in a Latitude experience and we are the first to encourage others to take on the challenge. It provided our boys with a structured, yet free to be themselves, environment and a much-needed time away on their own to grow and mature before university. They met people from all over the world, travelled, and reaped all the benefits that volunteering had to offer. They came home young men...ready to tackle the demands of their studies.”**

*Shari, Ontario*



**CONTACT**

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**FOR MORE INFORMATION VISIT [latitudecanada.org](http://latitudecanada.org)**

