

**\$75**

Limited Funds!

## Sports & Fitness

Nov. 18-24, 2018



**Don't Delay, Register Today! You adventure may include wall climbing, martial arts, Kin-Ball, Ultimate Frisbee, fitness boot camp and more!**

- Meet people that share a passion for sports and fitness just like you do.
- An opportunity to try out some challenging and exciting sports activities.
- A week that especially focuses on promoting a healthy, active lifestyle.
- A great way for you to meet and gather valuable tips from great athletes, nutritionists and many other sports and fitness experts.



### Other activities include:

- A guided tour of the City, a visit to the Parliament,
- Visit the By Ward market and go shopping at the Rideau Centre - Ottawa's largest shopping mall
- Ottawa's Haunted Walk: Visit inside the old Carleton County Jail (now the Ottawa Jail Hostel), where Patrick Whelan was hanged as a murderer. You will be guided in total darkness by lantern light through the haunted hallways of the old Jail, Death Row and the last working Gallows in Canada. Are you afraid of the dark?



**\*ACTIVITIES MAY BE SUBJECT TO CHANGE**

The limited \$75 promo starts on Nov. 1st, 2018 until Nov. 15<sup>th</sup> noon Ottawa Time. First come, first served!

**FOR MORE INFORMATION, CONTACT THE RECRUITMENT OFFICE**

Phone: 1.800.361.0419 | ext. 9507 or 9515

Email: ewc\_registrar- registraire\_rdc@HistoricaCanada.ca