

Volunteers Needed

Gain valuable experience working alongside youth with special needs in a fun active environment

iCan Bike Program

The School Age Program of Queen Alexandra Centre for Children's Health is partnering with iCan Shine to host an **iCan Bike** camp to teach children with cognitive and/or physical challenges how to ride a two wheeled bike. Check it out at www.icanshine.org

What you Gain

- Valuable volunteer experience working with a population of children and youth with special needs providing emotional, motivational, and physical support
- See first-hand how children and youth with special needs can progress and succeed at learning a valuable recreational task with your encouragement and assistance
- Opportunity to work with an Occupational Therapist (OT) and Physiotherapist (PT) and get references for Professional Programs (OT, PT, Medicine)
- Fulfill your required volunteer hours for High school graduation



What we Need

- Enthusiastic physically fit individuals, at least 15 years old who are eager to assist a child or youth with special needs to learn to ride a two wheeled bike
- Volunteers must be physically fit enough to walk, jog, and run beside riders on the bike for most of the 75 minute sessions
- Able to attend half days for all of the 5 days of the camp - morning or afternoon shifts, as well as a 1 hour orientation session on Sunday afternoon prior to the camp

Where When

July 10-14, 2023, Panorama Rec Centre, North Saanich B.C.
Morning or Afternoon shifts

- For information about iCan Bike please contact Holly Robertson at Holly.Robertson@islandhealth.ca
- To become a volunteer, please contact Zinnia Clark at volunteerhere@islandhealth.ca

