# WELLNESS EMPLOYMENT SKILLS TRAINING

### ARE YOU....

Between the ages of 15 and 30? Not working full-time or in full-time school? Legally able to work in Canada? Looking for full-time work in hospitality, construction or a related field?

#### WEST is the program for you!

#### What WEST offers you:

- 3 weeks of paid, employment skills training
- 20 weeks of quality, paid work experience with employer wage subsidy
- Ongoing support and mentorship
- Completion Bonus
- Client-Centered Supports

#### **START DATES:**

April 26th, 2021 **Construction & Hospitality** (Dual)

> June 7th, 2021 Hospitality

July 19th, 2021 Women on Worksites

#### September 7th, 2021

LGBTQIA+ (Dual)

#### **In-Class programs include:**

- Breakfast and lunch daily
- Emergency First Aid
- Back & Ladder Safety
- WHMIS

- Bus Tickets to get to program
- Employment Workshops
- Stress Management Workshops

#### Additional **Hospitality Training**

- Foodsafe
- In-House Barista Training
- Customer Service Skills
- Coffee Roasting Training
- Kitchen & Knife Safety training

• and much more!

#### **Additional Construction Training**

- Fall Protection
- Tool Belt Basics
- Intro to Forklift Operation
- Intro to Mini Excavator Operation
- Hands-on tool Training

**October 25th, 2021** Hospitality

**January 17th, 2022** Construction

## **DON'T DELAY, CONTACT US TODAY!** Call: 250-386-3428 Text: 250-514-7987 And set up an appointment





Funded by Employment and Social Development Canada

Youth Employment and Skills Strategy

